

7.2 - Best Practices

7.2.1- Describe at least two institutional best practices

The college has identified the following two best practices which are consistent with the vision, mission and goal of the institute.

I) Women Empowerment

II) Health Consciousness

Best Practice - I

1) Title of the Practice - Women Empowerment

2) Objective of the Practice -

Women empowerment has been key issue in modern and postmodern societies across globe. It has been considered as a priority issue in independent India and naturally it has been reflected with the governance and practice adopted by HEI. The women have been considered as the subaltern section of society which needs to be empowered. The important tool of this empowerment is naturally education at tertiary level and the participation of women in the mode of production of the nation. The college has adopted this Best Practice in order to empower the girls students coming from the rural underprivileged section of the society, particularly the hilly areas of the Western Maharashtra.

3) The context -

The college is situated in the hilly area of Kolhapur district Western Maharashtra which has been deprived of facilities of Higher education for years together. Taking into an account this factor, the management took initiatives to start this college particularly for providing higher education to the girls students. Traditionally after the completion of secondary and higher secondary school education, the parents did not send girls students for higher education for two reasons, one the, financial condition of the students is not sound enough to bear the lodging boarding fees and other expenses for the girl child and secondly, culturally these parents believed in the early marriage of girl child. Naturally the girls were deprived of higher education. In order to overcome this practice the management took initiative, to provide higher education for girls students for their empowerment. It has been observed that nearly 43.44 % of total admissions are those of the girls students. It is also observed that the performance of girls students in terms of semester examinations, cultural, events and sports events is quite satisfactory. The evidence of success is mentioned in the next point.

4) The Practice :

1) Pre Admission Procedure for Girls Students :

Catchment area of this institute is Western Ghats comprising South Western Kolhapur district , that is major part of Panhala Taluka and some part of Shahuwadi Taluka. In this area 6 (Six) number of Junior

Colleges/ Higher Secondary Schools, providing education in Arts and Science facilities. After the 12 th std. results are declared, the faculty members hold a meeting and they plan visits to the places in catchment area. Their thrust is to meet the parents of girls students and convince them to enroll their names for degree classes.

2) Post Admission Procedure:

After the admissions are over the Principal holds a meeting of girls students and makes them aware of importance of higher education in creating their identities as a responsible citizens of the nation. The college helps the girls students in getting the monthly concessional rate bus passes, makes provision for the sanitary napkins to the ladies association of the college and 45 of teaching staff are females. This has been consciously done in order to make the female students comfortable on the campus. There are two major committees to look after the issue of the girls students- 'Internal Complaints Committee' and 'Saheli Vyaktimatva Samiti'. Similarly, their representation is reflected in CDC and IQAC and the Management Member Mrs. Kalpana K. Chougule is sitting elected Member of Zilla Parishad, Kolhapur. For girls security Panhala Police 'Nirbhaya Pathak' visits the college, even they guide the students on various matters.

Various Activities Organised for the Woman Empowerment:

- 1) Anti Ragging Committee organised Guest Lecture of Advocate Babaso Shelar on Law for Women's Safety on 12/10/2023
- 2) Skill Development Committee organised Online Guest Lecture of Smt. Vidya Kulkarni on Skill Development and Job Opportunities on 21/10/2023
- 3) Abhyagat Vyakhyan Committee organised Guest Lecture of Advocate Kailas Patil on Sexual Harassments of Women and Laws on 26/10/2023
- 4) Saheli Vyaktimatva Vikas Committee organised Mahila Melawa (Women's Meet Gathering),Jatyavarchya Ovyu,Ukhane, Traditional Attire and Widow Women's Felicitation program on 02/12/2023
- 5) Abhyagat Vyakhyan Committee organised Guest Lecture of Dr.Usha Powar on Threshold of the Youth on 13/12/2023
- 6) Saheli Vyaktimatva Vikas Committee organised Guest Lecture of Shri. Yuvraj Kamat on Women Empowerment Mission on 21/12/2023
- 7) Department of Sociology Extended Financial support to the Poor girl students On the occasion of Rajmata Jijau Birth Anniversary on 12/01/2024
- 8) Saheli Vyaktimatva Vikas Committee organised a activity Food Festival program of Mahila Bachat Gat on 25/01/2024
- 9) Department of Sociology organised Debate on the topic Gender Equality on 10/02/2024

5) Evidence of Success:

Taking into account the in inclusion policies, the college has made it possible to reflect these ideas in the performance given by the girls students in the following areas:

- 1) Academics 2) Sports 3) Cultural/ Extra Curricular 4) Price instituted for girls students 5) Lead College

6) Problems Encountered and Resources Required:

The problems encountered for working out the implementations of this practice are as follows:

1) Parents: it is found that the most of the parents in the hilly and rural areas are either illiterate or having very little education naturally they are not easily convinced regarding education for girl students. The parents are so orthodox and culture bound that they still believe in patriarchal structure and give preference to education of male child rather than the female. Most of the parents belongs to the financially weaker section of the society and so naturally they do not make any financial provision of higher education of girls students.

2) Cultural Background: The parents found and they themselves had brought up in the patriarchal girl marginalized by parents. Besides lack of exposure to the modern facilities prevents the parents from initiating the girls to undertake the change in their traditional identity markers.

Best Practices - II

1) Title of the practice: Health Consciousness

2) Objectives of the practice:

- To focus on academic excellence of students, teachers and other employees.
- To develop positive attitude and intellectual, spiritual thoughts in human beings.
- To develop self confidence.
- To motivate the students and employees to live healthy, Joyous and stress free life.
- To develop sense of interpersonal relations.
- Efforts for Improvement of physical, mental and social health.
- To organize Health Check up camps.
- To develop the concentration level of students.
- To improve students' academic performance by guiding them properly and raising their level of energy and concentration.

3) The context :

Majority of the parents are illiterate or very little educated. So they do not have proper information/ knowledge about Health. The word health refers to state of complete emotional and physical well-being. Health is a positive concept emphasizing social and personal resources as well as physical capacity. A healthful lifestyle provides the means to lead a full life with meaning and purpose. They don't get sufficient time through their work to think about health. Number of people suffers because of the minor diseases. They don't take things seriously. Health is very precious, without health everything is nothing. Health consciousness is an integral part of human lives. Keeping in mind this, the college has

decided to select one of the best practices that will develop a very positive attitude about health consciousness among the students, parents and faculty (stakeholders). This best practice health consciousness will also help in inculcating this spiritual value among the students. This best practice is the need of this area.

4) The practice

Every year 'World Yoga Day' is celebrated. For making students aware about their physical problems the college has developed a well equipped gymnasium.

Various activities organised for the Health Consciousness :

- 1) Department of Sociology organised speech of Dr.S.S.Kurlikar on Importance of Vegetarian Food in the Human Life on 27/07/2023
- 2) Gymkhana Department organised Health Check-Up Camp on 11/08/2023
- 3) Department of Psychology organised Guest Lecture of Shri.J.A.Sardesai on Mental Health on 10/10/2023
- 4) Staff Academy Committee organised speech of Shri.J.A. Sardesai on Mental Disease Awareness on 25/10/2023
- 5) Department of Physics organised Wallpaper on International Medical Physics Day on 07/11/2023
- 6) Saheli Vyaktimatva Vikas Committee organised speech of Shri. Yuvraj Kamat on Feminine Power on 21/12/2023
- 7) Staff Academy Committee organised speech of Dr.S.S.Kurlikar on Modern Life Style on 26/12/2023
- 8) IQAC and NSS Committee organised All Disease Diagnosis and Free Treatment Camp at nearby village Bajarbhogaon on 28/02/2025

5) Evidence of success:

By organizing various activities institute has created awareness among all stakeholders. Earlier they were not conscious about their health now they are taking care of their health and are not neglecting minor issues related to their health . Students confidence is also increased and it is reflected through their communication with faculty. Some students who are weak they also discussed their issues with our invited doctors and speakers and took further treatment. Parents, non teaching staff and faculty members have also changed their outlook about health. Parents and other villagers they are not neglecting minor health issues.

6) Problems encountered and resources required:

Even in most of villages medical facilities are not available they have to depend on Primary Health Centres. Primary Health Centres are far away from their villages. Even now in the most of the villagers

doctors are not available. So institute have decided to run this practice and help them. In the College area expert doctors are not available. Institute has to invite doctors and other experts from Kolhapur and nearby cities. Because of the lackness of health consciousness students parents and other villages we have to convince them a lot.